

Pure Pampering

£45

Spoil yourself or your loved ones with a combination of treatments for that pure pampering sensation.

Full body massage followed by either a Royal Orchid Facial or Cosmetic Pedicure

Sheer Indulgence

£40

A seasonal treat of sheer indulgence with a choice of:

Aromatic Stress Buster Massage or

Ayurvedic Indian Head Massage followed by

Swiss Reflex Foot Therapy

Complementary Therapy Taster £99

A taster session of all complementary therapy treatments. Choose to have them one at a time or one after the other the choice is yours; This package includes a taster of: *Aromatherapy; Stone Therapy; Indian Head Massage; Stress Buster Massage, Reflexology and a Royal Orchid Facial.* Normal Price £129

Couples Top -Toe Treatments £60 & £76

Whatever the combination husband and wife, friends have a massage together in the same room at the same time & share the experience.

Opening Hours

Mondays by arrangement

Tues, Wed, Thurs, Fri 9.00am - 5.00pm

Saturdays & Sundays 9.00am - 2.00pm

Evenings available by arrangement

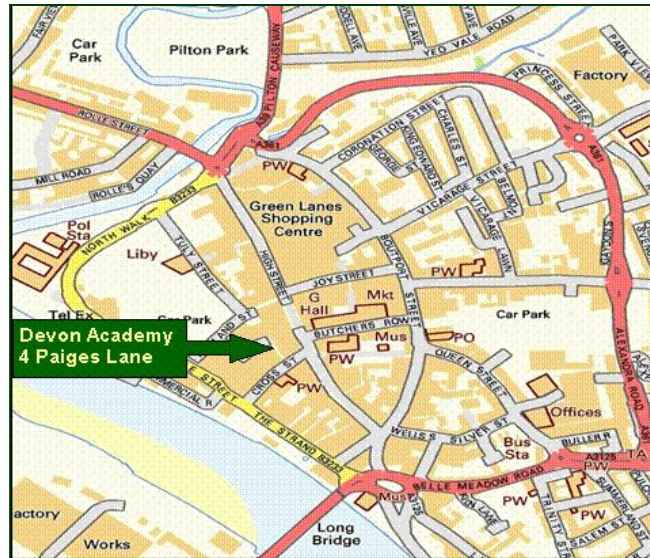
Devon Academy is run by Gail Lowe who has over twenty years therapeutic experience & her husband Derek Lowe. Together with their own personally trained team of highly qualified and insured therapists they offer a wide range of excellent quality treatments

The academy specialize and are proud to offer some of the most thorough massage treatments available in the industry

Gift Vouchers from £10

All the latest treatments available on your doorstep.

How to find the Academy?



4 Paiges Lane (back of M & S) Barnstaple EX31 1EF

Tel: 01271 314333

Website: www.devonacademy.co.uk

Email: info@devonacademy.co.uk

Treatment Brochure

- ◆ Clinical Aromatherapy
- ◆ Cosmetic Pedicures
- ◆ Remedial Massage
- ◆ Holistic Massage
- ◆ Indian Head Massage
- ◆ Stone Therapy
- ◆ Lymph Drainage
- ◆ Sports Injuries
- ◆ Reflexology
- ◆ On-site
- ◆ Gift Vouchers



Over Twenty years experience

Medically Recommended

“You know when you’ve had a treatment at Devon Academy because You can feel the difference!”



Devon Academy
Of Complementary Therapies

Academy Aromatherapy Massage £ 38

Aromatherapy is ultimately the most relaxing massage combining ancient techniques with aromatic oils. Our therapists are qualified to select & blend oils for individual clients which have a profound effect on mind, body and spirit improving well being soothing the soul & treating health problems

From the tips of your toes to the top of your head embark on a journey of pure heaven with warmed oils smoothed over your body

"a dance around the body"

Aromatherapy Full Body £39 + facial £49

Aromatic Tension Massage £28

Focusing purely on back, shoulder & neck to ease specific muscles tension, aches and pains.

Royal Orchid Facial £30



A deep rebalancing facial, including cleansing, toning & moisturizing massage using organic oils, individually selected followed by a rebalancing mask & relaxing scalp & neck massage.

"a glimpse of your true beauty reflected in your face"

Grapefruit & Fennel Detox' £28

A light feathery massage to drain lymphatic system and improve toxin elimination, fluid retention and cellulite.

"bring the tango back to your life"

Cosmetic Pedicure £25

Traditional cosmetic pedicure including removal of calluses & hard skin, reshaping of nails, a relaxing foot & lower leg massage & either natural nail finish or choice of polish.

Academy Deep Tissue Massage

At Devon Academy we pride ourselves in having one of the most thorough massage techniques in the industry. A traditional **deep tissue massage** to penetrate deep seated tension and aid in the break down of lactic acid crystals. Indicated in the treatment of all musculo-skeletal disorders such as back ache, neck and joint pain.

Full Body massage £30 Directors £38

A deep head to toe massage with soft tissue manipulation.

"a passive workout for your body"

Tension Massage £25 & £28



Deep massage and soft tissue manipulation for the back, neck, shoulders and scalp, ideal for back pain, shoulder and neck strain, sinus, headaches.

"Stress buster"

Back/Leg/Head/Foot Massage £18 & £25

A focused treatment of your choice, a specific deep tissue massage to treat & alleviate pain & tension

Indian Head Massage £18

A relaxing treatment for head neck and shoulder problems performed in a seated position. There is no need to remove clothing to benefit.

Academy 4 Hand Massage £59

The ultimate treatment for those who really enjoy massage and are looking for something different and unique as a special treat. Four hands working in unison over the body creates a synergy that allows the mind to loose touch with the routine and surrender to the hypnotic effect and trance like experience. Sheer Bliss for anyone wishing to relax and take time out.

Academy Stone Therapy



Experience the ancient practice of using a hot & cold stones combined with gentle massage, designed to induce deeper levels of relaxation whilst leaving you mentally stimulated

Basalt, marble and healing crystals are examples of stones used to harmonize & rebalance the body by eliminating negative energy.

Full Body Treatment £48 Tension massage £29

Reflexology £30

Reflexology is the ancient art of pressure point massage to feet & hands in order to stimulate the whole body. It is believed that all parts of the body are represented on the foot & when treated, energize, rebalance, relax, & often eliminate a variety of conditions



"Rebalance the mind and body"



Thai Herbal Compress £30

20 herbs warmed. wrapped in muslin, massaged into the body using an ancient Buddhist mix of oils. A warming treatment excellent for cold weather is comforting & improves wellbeing

Gift Vouchers from £10

Buy any course of 6 treatments and get the 7th one free!

Please note: We regret that in order to avoid a full cancellation fee, 24 hours notice is required.