

<p>ITEC Level 3 Diploma in Complementary Therapies</p> <p>Unit 341- Reflective Practice for Body Massage</p> <p>Recommended guided learning hours – 20</p> <p>QCA Qualification Accreditation Number: D/501/9108</p>		
<p>Unit 341 Reflective Practice for Body Massage</p>		
<p>Learning outcome</p>	<p>Assessment Criteria</p>	<p>Taught content</p>
<p>1. Be able to apply and understand reflective practice</p>	<p>1.1 Describe the basic elements of reflective practice and reflect on own attitudes, beliefs, interests, priorities and values in relation to personal growth as a body massage therapist</p> <p>1.2 Describe how own self-awareness impacts on personal and professional life and how to record evidence of own knowledge and practical experience</p>	<p>1.1.1 Define reflective practice and its relevance for the body massage therapist</p> <p>1.1.2 Critically compare the differing theories of reflective practice To include: Models of reflection – for example: ▪ Bolton ▪ Gibbs ▪ Johns ▪ Kolb ▪ Schon</p> <p>1.1.3 Give examples of activities which develop reflective practice and record personal growth To include: ▪ Journals, peer review, mentoring, case study work, reading logs, portfolio development</p> <p>1.2.1 Develop documentation to record case studies, own reflective practice and evidence the role of self-awareness in personal and professional life. Sample consultation forms may be obtained from www.itecworld.co.uk</p> <p>To include for example:</p> <ul style="list-style-type: none"> - How did the therapist feel before/at the start of the treatment? - What did the therapist observe? (verbal/non-verbal communication)? - How did the therapist feel after the treatment? (review feedback from client, personal view)? - What does the therapist want to change/do differently? - What has this treatment taught the therapist? - How could the therapist improve their own experience/the client's experience of the treatment and recommended treatment programme? - Have any continuous professional development requirements arisen as a result of the case?

	<p>1.3 Evaluate own knowledge and practice in relation to professional codes of conduct and current working practices and identify strengths and remove limitations in order to best serve self and client</p> <p>1.4 Identify lifelong learning opportunities and describe how to plan for self-development</p>	<p>1.3.1 Review methods and outcomes of reflective practice using case study work Detail within case studies:</p> <ul style="list-style-type: none"> ▪ Client treatment programme ▪ Client feedback ▪ Reviewing client progress <p>1.4.1 Develop a personal plan for continuous professional development and record action plans for updating skills and knowledge To include:</p> <ul style="list-style-type: none"> ▪ Any CPD requirements ▪ Courses undertaken/to be taken ▪ Awareness of NOS and ongoing research and developments in massage therapy
<p>Assessment Unit 341 - Reflective Practice for Body Massage</p>	<p>Case studies 12 case studies to be performed (6 clients x 2 treatments) To include:</p> <ul style="list-style-type: none"> ▪ Consultation including medical history ▪ Client profile and general lifestyle details (to include any current issues in their life and stress levels at home and work) ▪ Treatment plan ▪ Client feedback ▪ Home care advice given ▪ Self-reflection at the end of each treatment ▪ Details of any CPD requirements resulting from casework 	<p>Unit 341- Reflective Practice for Body Massage case studies must be evidenced through the use of signed and dated consultation forms, case study documentation and client feedback and assessed using case study assessment form CSA341. See www.itecworld.co.uk for sample forms.</p>